LINSLADE
SCHOOL

YEAR 7 ASSESSMENT FORTNIGHT

INFORMATION FOR STUDENTS & PARENTS

ASSESSMENT

Chiltern Learning Trust

Year 7 Assessment Fortnight 2nd November - 13th November 2026

Introduction

In Key Stage 3 we undertake assessment fortnights twice a year, once in the Autumn term and the second in the Summer term. Assessments, along with your classwork and homework, help teachers understand progress and what areas to target for next steps.

These assessments are stepping stones in your education and all we ask from you is that you do worry about them and try your best.

This booklet has all the information you need ahead of your upcoming assessment fortnight. Here you'll find:

- An assessment timetable
- Revision strategies and techniques
- Topics lists and specific advice for each subject

By practising revision methods now you will know what works for you and maybe what might not work for you and by revising and preparing, your experience in assessments will be less stressful.

Think of it like your assessments are a musical performance or a match day for a sports team – you wouldn't perform your best without the practice and training sessions beforehand!

The first series of pages give you the timetable and some techniques and advice, please dip into these and use those that are relevant to you at your stage in your education, you are not expected to do everything. You will get to try these and others again in the Summer term and beyond.

The next series of pages give you some pointers as to what your exam will look like and the key areas to focus your revision on.

Your class teachers, form tutors and heads of year are all here to help you, as well as the SSC – so please do speak to them if you are worried about any aspect of your upcoming assessments.

Assessment Timetable

Knowing the schedule of your assessments in each subject will help you plan your revision.

Make sure you select the correct assessments for your classes from the list below.

Week 1	Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
P1	English E4, 5, 6 Geography 7AFA	DT 7SRO, VJA, AFA	Geography 7SRO Spanish 7HMC PE 7ABR, TSH		French 7ABR Spanish 7TSH Music 7AFA
P2			English E1, 2, 3 Music 7HMC Art 7ABR	Drama 7VJA	Computing 7HMC Geography 7TSH
P3				PE 7HMC, AFA Music 7TSH	History 7SRO
P4		Geography 7ABR Art 7HMC History 7TSH	Geography 7HMC Music 7SRO	Geography 7VJA	
P6	Music 7ABR	Computing 7SRO Drama 7ABR Art 7AFA	Spanish 7VJA	Computing 7TSH	Drama 7SRO

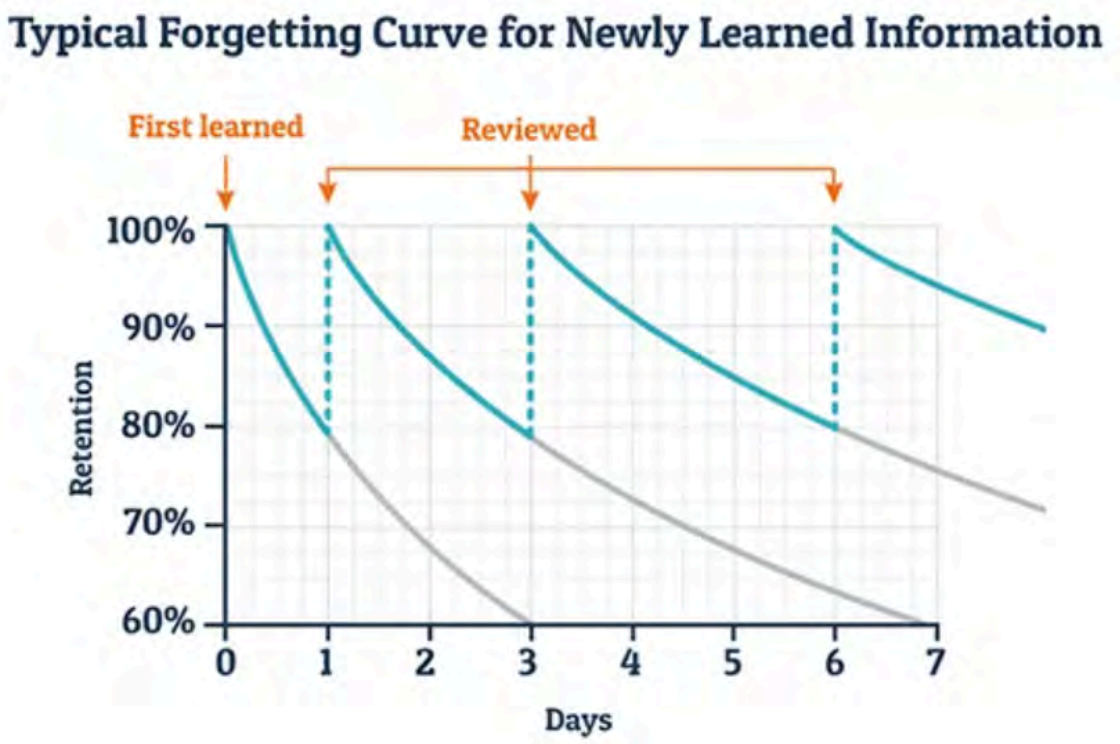
Week 2	Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
P1	PE 7SRO, 7VJA		French 7SRO Music 7VJA	Maths all classes	
P2				Computing 7AFA	Computing - 7ABR
P3				Spanish 7ABR Art 7SRO	Science 7VJA History 7AFA Spanish 7SRO DT 7HMC, ABR, TSH
P4	Science 7ABR, 7TSH History 7HMC Drama 7AFA	History 7ABR French 7HMC	Science 7HMC Art 7VJA	History 7VJA	
P6	Computing 7VJA Art 7TSH French 7AFA	Science 7AFA Drama 7TSH	Science 7SRO French 7VJA	French 7TSH Drama 7HMC	Spanish 7AFA

Revision Advice and Strategies

To be fully prepared for your assessments, you need to revisit the learning from across your course of study and ensure that you can recall when you need it. Sometimes you won't find the assessments easy, but you will perform better if you have completed your revision.

Why revise?

To perform your best in an assessment, you need key knowledge to move from your short term memory to your long term memory. When you learn something, your retention is 100%. However, your ability to remember it accurately reduces over the next few days. This is why



we often feel like we can't remember what we studied a few days or weeks ago. But don't worry…

With every review your retention goes back up to 100% - because it's fresh in your brain – but each new curve is different. The decrease is a lot shallower than the curve before and you end up remembering more for longer. With each review of the material your memory becomes stronger and you can recall more. And this is why it is so important you review course material more than once during revision.

Topics and new content are regularly reviewed in class, but ahead of assessment fortnights it's important to plan your own revision to review areas of work of which you have least memory of or those that you found hardest.

Revision Advice

Here are some helpful tips for successful revision:

- Find a comfortable and quiet space to revise in.
- Limit distractions so you can focus on your revision.
- Plan your revision to balance your time so that you don't spend all your time revising one subject.
- Be focused: 20 minutes working followed by 10 minutes rest is a good starting point.
- In every hour, avoid working for more than 50 minutes at a time without taking a break.
- Make sure you continue with good routines to eat regularly (including a suitable breakfast) and get enough sleep.
- Make sure you give yourself breaks to allow time to relax and do the things you want to do and enjoy doing.
- Stay positive and recognise the importance of starting good revision habits and aiming to improve your revision strategies for each new set of assessments.

Remember, your class teachers, form tutors and heads of year are all here to help you, as well as the SSC – so please do speak to them if you are worried about any aspect of your upcoming assessments.

Revision Methods

The Cedars School website has links to videos on five popular and recommended revision methods that you can use to help you prepare for your assessments. Use the links below to watch the short videos that guide you through how best to use each method.

Flash Cards Quizzes Mind Maps

Knowledge Organisers Flow Charts

English

What the assessment will look like

Students will be assessed on a speech delivered to their class arguing against the use of horses in World War One in the British and German armies.
The final speech should last between two and a half to three minutes.
The final speech will be delivered to the rest of the class and last over two lessons.

Topics for the assessment

The content of the speech will be linked to the novel 'War Horse' and World War One and the treatment of horses during this time.

How to prepare for the assessment

Use the contextual knowledge gained from the 'War Horse' homework as well as from lessons.
Write a draft of the speech and practise with friends and/or family.
Write a final speech which will then be transferred into prompt cards. The written speech must be submitted to your English teacher.
When writing your speech, remember to use AFOREST
(Alliteration, Facts, Opinion, Rhetorical Questions, Emotive Language, Statistics, The Rule of Three)
Be persuasive in your speech.
To use prompt cards to help you deliver your speech effectively.

KPI/Assessment Objectives (AO) - Spoken Language

AO7 - Presentation Skills. How effectively you present your ideas, use Standard English, and engage your audience.
AO9 - Use of spoken standard English. Maintaining appropriate and intelligible language for a formal presentation.

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Revising/Research for the assessment

Watch and listen to speeches delivered online and take note of how they deliver a speech with a focus on speed, clarity and persuasive language used.

Links to support preparation

https://www.bbc.co.uk/bitesize/guides/zs926fr/revision/5

https://www.bbc.co.uk/bitesize/guides/ztrj2p3/revision/1

https://www.youtube.com/watch?v=XdK0uYjy85o

Mathematics

What your assessment will look like:

- You will have one exam which will be 45 minutes long, this will be a non calculator paper
- There will be two papers available - you will either be sitting:
  - Higher paper (Blue, Lilac and Orange pathways)
  - Foundation paper (Lilac, Orange and Yellow pathways)
  Check with your teacher which paper you will be doing
- The equipment you will need are: a pen, ruler, pencil, protractor, compass, rubber

The topics that might be in your assessment:

- Number: Multiples, Factors, Primes, Rounding, Estimating, Square and Cube numbers, Four operations, Fractions, Decimals and Percentages.
- Algebra: Collecting like terms, Expanding brackets, Using formulae, substitution, Forming expressions.

How to prepare for your assessment:

- Watch online videos on Maths Watch using the clip numbers provided MathsWatch
- Create revision booklets/knowledge organisers on key topics and methods
- Look through knowledge organisers shared on Google Classroom

Top tips to improve your assessment mark:

- Read the question carefully and decide which method is appropriate
- Clearly show your working out
- Check through your work. Have you answered the question asked?
- Attempt all questions, partial working out can still gain marks.
- Use the 45 minutes effectively, choosing the most efficient method.

Foundation Tier

Topic	Maths Watch Clip
Addition and Subtraction	N3b, N4b
Multiplication and Division	N15a, N16
Factors and Multiples	N10, N11
Collecting like terms	A6
Algebraic Vocabulary	A2
Formulae expressed in words	A3
Substitution	A10

Higher Tier

Topic	Maths Watch Clip
Multiplication and Division	N15a, N16
Factors and Multiples	N10, N11
HCF and LCM	N31a, N31b
Rounding and Estimating	N38, N43a, N43b
Collecting like terms	A6
Algebraic Vocabulary	A2
Expanding brackets	A8
Substitution	A10
Algebraic simplification	A7a, A7b

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Science 1 - Year 7

What your assessment will look like:

- A test lasting 50 mins
  This includes some extra time for those that need it. A chromebook copy is also available, as well as dyslexia friendly coloured paper copies.

The topics that might be in your assessment:

- Forces (Physics) and cells of the body (Biology)

How to prepare for your assessment:

- Use the knowledge organisers provided for you and your books
- KPI's are below:

I can describe the levels of organisation in multicellular animals. **I can describe the role of the major tissues and organs in the body.**
I am able to identify some of the main bones in the body and describe how muscles allow movement to take place. I can describe antagonistic muscles **and explain why this allows for effective movement.**
I can name and label the parts of animal and plant cells and describe what each part does. I am confident in using a microscope and can describe what each part does.
I am able to name and describe the role of specialised cells in plants and animals. **I can explain the process of diffusion in cells.**

Describe forces as contact or non-contact forces. Explain situations of balanced and unbalanced forces and calculate resultant forces.
State how we can measure speed. Recognise differences in speed. Explain how to calculate speed using an equation.
Interpret distance/time and speed/time graphs.
Describe the effect of forces and the difference between mass/weight. Know that gravity is an invisible force that pulls falling objects back to Earth. **To describe how gravity can change.**

- Revision lesson and bbc bitesize links:
- What is gravity guide for KS3 physics students - BBC Bitesize
- Force diagrams and resultant forces - Forces and movement - KS3 Physics - BBC Bitesize
- Motion and speed - Forces and movement - KS3 Physics - BBC Bitesize
- Weight and mass - Forces and movement - KS3 Physics - BBC Bitesize
- Introduction to forces - Forces and movement - KS3 Physics - BBC Bitesize
- What are cells? KS3 Biology - CCEA - BBC Bitesize All topic
- What is the process of diffusion? - BBC Bitesize

Top tips to improve your assessment mark:

- **Check your KPI and look at the parts identified. Revise these.**
  Use the online resources
  Make some knowledge organisers
  Get someone to test you

Art

What your assessment will look like:

- Your assessment will be an opportunity to build on your skills of using observation to create a shaded drawing.
- Your starting point is to draw and shade a tonal scale. This will demonstrate your understanding of how to use a shaded pencil to effectively draw an image with lighter and darker tones, and make it look three dimensional.

The topics that might be in your assessment:

- Drawing a flower.
- Drawing petals and mark making.

How to prepare for your assessment:

- Practice shading a tonal scale and drawing a section of a bird using shading.
- Look back through your sketchbooks from Year 5 and 6, review your use of shading.

Top tips to improve your assessment mark:

- Use the hour effectively, manage your time well so that you don't run out of time.
- Draw lightly to start the drawing.
- Create a tonal scale to help you understand how many tones can be achieved from your pencil.
- Draw in proportion.
- Shade smoothly.

Key vocabulary:

- Observational
- Sketch
- Tonal drawing

Links to support revision:

- Watch these BBC Bitesize guidance videos:
  https://www.bbc.co.uk/bitesize/topics/zxggpbk/watch/zt3tvcw
  https://www.bbc.co.uk/bitesize/guides/z8rh2nb/video

Duration: 1 hour

Computing

What your assessment will look like:

- Your assessment will be 50 minutes long.
- Your assessment will have 4 sections:
    - Section A: Multiple choice questions,
    - Section B: Questions on networks
    - Section C: True or False statements
    - Section D: Scenario questions

The topics that might be in your assessment:

Computing topics: - Networking	Details - Questions on a Google Form; multiple choice and typed
Key words - Bandwidth - HTTP - HTTPS - Internet - Internet of Things (IoT) - IP Address - Network - Packet - Privacy - Protocol - Web server - Wired - Wireless - World Wide Web	Topics - Networks - Bandwidth - Internet - Websites - Internet of Things

How to prepare for your assessment:

You can use your booklet to help you revise.

The following will also be on Google Classroom to help you revise:-

- Revision Podcast
- Revision video
- Revision Blooket
- Revision Guide

Top tips to improve your assessment mark:

- Go through your booklet.
- Create a Canva poster to help you.

D.T.

What your assessment will look like:

Depending on the rotation you are in, you will have different tasks to complete for your assessment:

- Art - you will be assessed on your shading/tone and observational skills - Practical
- Textiles - Creating a patchwork sample on the sewing machine. Machine skills and precision skills will be assessed - Practical
- R.M. - Creating a final presentation for their checklist- computer and designing skills.
- Food - food preparation skills and cooking techniques following the recipe - Practical

The topics that might be in your assessment:

- Art - Shading/tone and observational skills based on a skull..
- Textiles - Patchwork sample produced on the sewing machine.
- R.M. - Presentation task.
- Food - Food preparation skills and cooking techniques

How to prepare for your assessment:

- Ensure that you have listened to your teacher when they have explained what you will be doing
- Practised your skills in the lessons or at home (if you can)
- Ensure you feel confident in your skills

Top tips to improve your assessment mark:

- Art Shading | 3 Tips on How to Shade! Drawing skills within the topic.
- Textiles How to make a patchwork bag- watch the video to see how a patchwork bag can be made. You will be using cutting and machine based skills.
- R.M. Presentation task- Watch the Escher video, Laser cutting video, CAM, CAD tessellations
- Food - cooking videos watch the following skills videos

Drama - Year 7

What your assessment will look like:

Your assessment will be an observation by your teacher while you create a short, silent sketch in groups. You will improvise a short sketch using the Mime skills previously learned. You will be assessed on: how emotion/character is conveyed by gestures, posture and facial expressions; spatial consistency (object permanence) and clear storytelling.

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The topics that might be in your assessment:

- Silent storytelling using mime.
- Exaggerated gestures, body language, posture and facial expressions.
- Object permanence - Making the audience believe there is a solid object being used.
- Teamwork: Collaborating in your groups to develop and perform the final piece.

How to prepare for your assessment:

- Familiarise yourself with the skills required to perform a silent story (exaggerated gestures, posture and facial expressions; spatial consistency (object permanence) and clear storytelling).
- Derek: Classic Mime- rewatch the video to remind you how mime is performed.

Top tips to improve your assessment mark:

- Be a confident performer: When it's your turn to perform make sure your gestures, posture and facial expressions are exaggerated.
- Perform without laughing or being silly. Be proud of your performance.
- Embrace your character: Think about how your character would move and what objects they might use.
- Be a good team member: Work together with your group to create the best possible performance.
- Remember our tips for being a good audience - actively watch, no heckling, support with reactions where appropriate.

French Year 7 Autumn

What your assessment will look like:

- You will have one exam which will assess your French skills in reading and listening and translation from French into English.
- There will be several different exercises to test your comprehension of a variety of texts in French; questions and answers in English, gap fill in English, True or False statements etc.
- There will be five sentences in French which will need to be translated into English.

The topics that will be in your assessment:

- Describing clothes, including colours, fabrics and opinions
- What you wear in school
- What you are going to wear at the weekend

How to prepare for your assessment:

- Revise and learn the key vocabulary and structures using the vocab list on Google Classroom.
- Review the lessons on these topics (also on Google classroom).
- Catch up on any lessons missed (lessons on Google classroom).
- Use the Quizlet or Blooket link to learn and memorise the key vocabulary (on Google classroom).

Top tips to improve your assessment mark:

- Read the questions FIRST, before reading the text in French.
- After reading the questions, look to the text to find the information required.
- Use highlighters to extract key information.
- Look for cognates or words which are the same in English.
- Check that your English translations make sense - do you need to change the word order?
- Check through your work. Have you answered all parts of the questions?.
- Use the 45 minutes effectively, manage your time well so that you don't run out of time.

Geography

What your assessment will look like:

- Your assessment will be 50 minutes long.
- Your assessment will have 3 sections:
    - Section A: Multiple choice questions,
    - Section B: Application questions,
    - Section C: Enquiry skills questions.
- You will need a pen, a pencil, a ruler, and a rubber.

The topics that might be in your assessment:

Locational knowledge - The world's continents - Oceans - Location of case studies	Development - Definition of development - Types of development- social, economic, environmental, technological - Classification of countries- HIC, LIC, NEE - Pattern of global development - Development indicators - HDI - Causes of uneven development
Key words - Development - HIC - LIC - NEE - Development indicator - Life expectancy - GDP - Corruption - Landlocked - Inequality - Development gap	Enquiry skills - Use of an atlas

How to prepare for your assessment:

- Use your blue review homework sheet to check your key knowledge
- Use your glossary to check your knowledge of key words- you could even make flash cards!
- Read through the questions you have completed in lessons
- Have a go at the practice questions on google classroom
- If you have missed any lessons, make sure you ask your teacher or a friend to help you with what you have missed.

Bitesize guides:
https://www.bbc.co.uk/bitesize/articles/zbcqjsq

Seneca links:
https://senecalearning.com/en-GB/revision-notes/ks3/geography/geography-ks3/4-1-1-classifying-development
https://senecalearning.com/en-GB/revision-notes/ks3/geography/geography-ks3/4-2-1-consequences-of-uneven-development

Top tips to improve your assessment mark:

- Make sure you BUG the longer questions in section B
- Use your feedback from questions we have completed in lessons to help you
- Check the command word before answering the question to make sure you are answering the right way
- Make sure you include SEE
- Use geographical key words to boost your marks!

History

What your assessment will look like:

- The test will start with a series of multiple choice questions; this will test your knowledge retention from last term and this term
- The second portion will be **two** application exam questions; this will test the application of your knowledge.
    - You will be asked to make a judgement around whether King Alfred the Great actually deserves the nickname (We went through this in lesson so you should have a lot of evidence to take from!)
    - You will need to read through two interpretations about the raid on **Lindisfarne** and then identify their arguments!

The topics that might be in your assessment:

- Alfred the Great - Was he really great?
- Lindisfarne – What happened at Lindisfarne?
- Key facts about the Viking culture
- Key facts about the Anglo-Saxons
- Key individuals that we learned about after the Vikings settled in England.

How to prepare for your assessment:

- BBC Bitesize is a wonderful tool!
    - Alfred the Great: https://www.bbc.co.uk/bitesize/articles/z9tdq6f
    - The Vikings: https://www.bbc.co.uk/bitesize/articles/zjcxwty
    - The Anglo-Saxons: https://www.bbc.co.uk/bitesize/articles/zq2m6sg
- Lindisfarne: https://www.youtube.com/watch?v=Bm3o7iz-PVY

Top tips to improve your assessment mark:

- Use the time effectively and manage it well so that you don't run out of time
- Select a point and stick with it; all of your evidence and your explanation should support your point.
- You have a checklist to ensure that you can receive Platinum, follow that carefully to help you to achieve your best!
- Check through your work at the end. Have you answered all parts of the question?

Duration: 60 minutes

Music

What your assessment will look like:

Your assessment will be a computer based Google quiz on music theory linked to your music lessons.

The topics that might be in your assessment:

- Ukulele background information
- Parts of a ukulele
- Ukulele tab
- Notes on the treble clef
- Notes on the keyboard
- Vocabulary for the interrelated dimensions of music

How to prepare for your assessment:

- Refer to the posters in the music room
- Use the knowledge organisers and other pages in your SQUILT books
- Use the following links to help you:

Ukulele information
Ukulele tab
Music vocabulary

Top tips to improve your assessment mark:

- Try to recall what you have learnt in your music lessons.
- Recall what you learn in any music lessons out of school time.
- Revise and use the links provided.

PE

What your assessment will look like:

Your assessment will be a computer based Google quiz on PE theory linked to your PE lessons.

The topics that might be in your assessment:

- The key components needed for a warm up
- Naming key muscles in the human body
- Be able to recognise why exercise is important
- Be able to recall sport specific rules in sports you have learnt about this term
- Be able to recall sport specific vocabulary

How to prepare for your assessment:

- Refer to the posters up in the changing rooms.
- Use the following links to help you:

Components of a warm up
Muscles
Why is exercise important?
Football vocabulary Rugby vocabulary

Top tips to improve your assessment mark:

- Try to recall what you have learnt in your PE lessons.
- Recall what you learn in sports clubs out of school time.
- Revise and use the links provided.

What your assessment will look like:

- You will have an exam in three parts; listening, reading and translation into English which will assess your understanding of the Spanish language.
- In the first part of the assessment, you will be required to listen to short spoken extracts of Spanish then answer questions based on what you hear and understand. You will hear each extract twice.
- In the second part of the assessment, you will be required to read sentences and short texts written in Spanish then answer questions based on what you understand.
- In the third part of the assessment, you will be given some sentences to translate from Spanish to English

The topics that might be in your assessment:

- Personality adjectives
- Numbers 1-31
- Siblings
- Months and dates

How to prepare for your assessment:

- Use the resource on your Spanish Google Classroom to practise translating the vocabulary from Spanish to English

Top tips to improve your assessment mark

- Read each question carefully before answering.
- Focus fully on the listening (both times you hear it).
- Check your answers carefully.
- Reread your translations to ensure the answer makes sense.
- Make sure you answer every question on the assessment paper even if you are making an educated guess.

Links to support revision

- Use the resource on your Spanish Google Classroom to practise translating the vocabulary from Spanish to English